

Bali: yoga with the gods!



Days: 8

Price: 1750 EUR
International flight not included

Comfort: ★★★★★

Difficult: ★☆☆☆☆

📌 Yoga & Meditation

Treat yourself to a moment on the other side of the world, where you will have the opportunity to fully recharge your batteries and reconnect with yourself in an idyllic setting. This circuit invites you to let go, to let yourself be guided in order to discover a different Bali, far from the tourist trails, as well as a sacred Bali, where the "solidarity" dimension of your trip will bring you closer to the local population.

Nicknamed "the island of the gods", Bali is also recognized as one of the world capitals of yoga. This traveling and **unique** retreat is supervised by a yoga teacher with a passion for travel, who will accompany you in a daily practice of yoga and meditation throughout this circuit, whatever your level.

Meditative walking, hiking, surfing, cooking classes, massage: recreate the link with the elements, in order to recharge with positive energy and feel again in tune with yourself and the nature that surrounds you.

Day 1. Welcome to Bali!



Denpasar airport 📍
🚗 105km - ⌚ 3h
Amed 📍

- Welcome to Bali!

Welcome at Denpasar airport by your guide and transfer to Amed. The rest of the day is free.

Day 2. Day of meetings and charity



Amed 📍

- First Yoga class at the hotel, then departure for the headquarters of the Anak Bali association. After an excellent seafood meal prepared by the Anak team, and after a presentation of the association's actions and projects, you will be enchanted by Balinese dances that the children will have prepared especially for you. This will then be an opportunity to discuss (in English) and taste with them. The icing on the cake is that the children will even participate in your second Yoga session. And, at the end of the afternoon, you will all gather your courage together to clean the Lean beach. Return to the hotel shortly before sunset.

Day 3. Immersion in Balinese culture



- Early in the morning, transfer to the royal baths of Tirtagangga (345 m altitude): decor of sculptures, nature, water fountains and pools which form a gigantic aquarium (koi, carp, catfish, etc.). Opportunity to indulge in a yoga session in this magnificent setting and swim in a spring water swimming pool. And, before continuing your journey towards Sidemen, you will be offered a lovely walk through the surrounding rice fields. Late afternoon transfer to Ubud.

Amed 📍
 🚗 84km - ⌚ 2h 50m
 Ubud 📍

🏠 Accommodation | 4* Hotel

Day 4. Yoga day



- Yoga day at the Radiantly Alive studio, which has an international reputation. This is a day dedicated to practice with many course choices from teachers from around the world. A session is planned in the morning, followed by a "healthy" lunch at the Radiantly Cafe, then a second practice in the afternoon.

Ubud 📍

🍳 Breakfast | 4* Hotel

🏠 Accommodation | 4* Hotel

Day 5. Culture, nature and change of scenery



Ubud 📍
 🚗 63km - ⌚ 2h 30m
 Munduk 📍

- Free morning to discover Ubud and its surroundings. In Ubud, elegant temples and palaces with sculpted facades line the streets. During your city stroll, you will discover Puri Saren and the details of its wooden doors, Puri Saraswati and the finesse of its ornamentation, Puri Puseh and its splendid sculptures as well as many other museums and galleries.

Another tourist attraction in Ubud, slightly away from the city center, is the "monkey forest" temple.

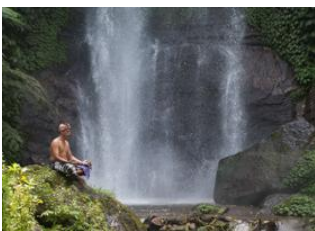
The hiking trails outside of Ubud take you to places where the view of the surrounding area is breathtaking, as the rural landscapes are so preserved.

After your free morning, transfer to the heights of Bali, towards Munduk. Stop en route at Jatiluwih, to admire the rice terraces listed as UNESCO World Heritage Sites. Arrival in Munduk at the end of the day.

🍳 Breakfast | 4* Hotel

🏠 Accommodation | 4* Hotel

Day 6. On higher ground



Munduk 📍

- Morning walk around the village to discover the beauty of the surrounding nature. The surroundings of Munduk indeed form a picturesque picture with its coffee and clove plantations near forests and waterfalls. Take to the skies and appreciate the superb views available to you. Free afternoon.

🍳 Breakfast | 4* Hotel

🏠 Accommodation | 4* Hotel

Day 7. Relaxation by the sea



Munduk 📍
 🚗 85km - ⌚ 3h
 Ganggu 📍

- Early departure to Ganggu. Along the way, you discover the most beautiful rice fields on the island, which are concentrated around the village of Belimbing. Far from the tourist masses, these rice fields are among the most aesthetic on the island. Then, free time in Ganggu, where a vehicle remains at your disposal. Optional: surfing.

☕ Breakfast	4* Hotel
🏠 Accommodation	3* Hotel

Day 8. See you soon in Bali (and Indonesia)!

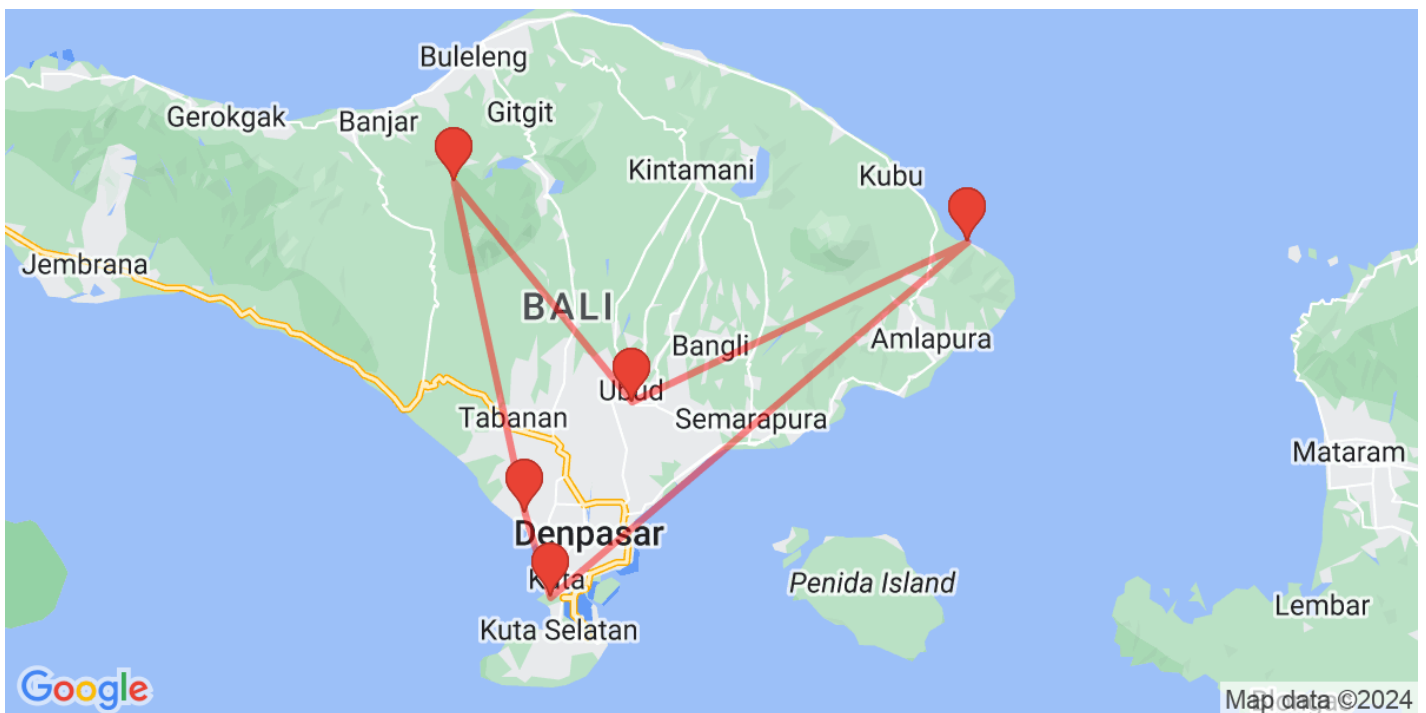


Denpasar airport 📍

- Free time until transfer to the airport (provided by the hotel depending on the schedule of your return flight).

☕ Breakfast	3* Hotel
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Itinerary map



Individual price per person

2-2	3-3	4-5	6-7	8-9	10-15	SS
3650 EUR	3095 EUR	2475 EUR	2095 EUR	1894 EUR	1750 EUR	650 EUR

Included

- Yoga teacher
- French-speaking guide/driver
- Transfers by private, air-conditioned vehicle
- Full board accommodation
- Site entrances & trekking permits
- Mineral water and snacks during walking days

Not included

- International and domestic air
- Possible visa(s) and airport taxes
- Drinks, personal expenses and tips
- Anything not mentioned in "Included"